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بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Prophetic Productivity

USTADH HUZAIFA SALEH

What we hope to achieve

- An insight into the Prophetic guidance provided regarding maximizing productivity in all aspects of our life
- Explore examples of how time was valued by the scholars of the past
- Practical tips on how we can be productive during the month of Ramadhan

What does the Qur'an say about time?

وَالْعَصْرِ

﴿ I swear by the Time ﴾

[Surah al-Asr]

- The oath of Allah is for emphasis and attention. Oath brings emphasis to the matter.

Value Of Time In The Sunnah

- “There are two blessings which many people lose: Health and free time for doing good.” [Bukhari, Tirmidhi, Ibn Majah]
- Time is a precious blessing and a gift, the value of which is only realised and benefited from by the successful guided ones, as indicated by the noble hadith, "which many people lose," implying that only a minority benefit from it, while the majority are wasters and losers.

Value Of Time by Scholars

- 'Amir ibn 'Abd Qays: "Hold The Sun"
- Ibn Jarir spent forty years in which he wrote forty pages every day.
- 'Abdul-Hayy al-Lukhnawi and his writings

‘Amir ibn ‘Abd Qays: “Hold The Sun”

A man once said to ‘Amir ibn ‘Abd Qays, “Talk to me.”

He replied, “Hold the sun.”

What he meant was, “Stop the sun for me or prevent it from continuing its movement so that I can talk to you.” For time is ever moving and does not return once it has passed, such that its loss is an irreplaceable loss that cannot be regained, for each time has its own actions to fill it.

Ibn Jarir & his writings

Ibn Jarir spent forty years in which he wrote forty pages every day. Some students of Ibn Jarir's counted the total number of days he had lived, from his birth to his death at the age of eighty-six, and divided the number of pages of his writings by those days, which came to fourteen pages every day."

'Abdul-Hayy al-Lukhnawi

Imam 'Abdul-Hayy al-Lukhnawi, who died just over a hundred years ago, in 1304 A.H, at the age of thirty-nine, wrote over 110 books, varying in size from large volumes to short treatises, all dealing with beneficial issues and difficult problems.

Let us put this into perspective

But Ustadh..
Tell us about
someone who
lives amongst us...

Mufti Muhammad Taqi
Usmani



Prophetic Productivity

- The Prophetic Sirah and advices are timeless. Some of these advices in relation to productivity include:
 1. Early Rising
 2. Scheduling your day around Salah
 3. Prioritising and being consistent

Early Rising

The Prophet (peace be upon him) said: “O Allah, bless my nation in their early mornings (i.e., what they do early in the morning).” [Tirmidhi, Abu Dawud, Ibn Majah]

- ❖ Blessings are kept within the morning, therefore work your magic.
- ❖ Dedicate some time to Qur'an recitation & Dhikr
- ❖ Read Salat ud-Duha (mid-morning prayer)

Schedule your day around Salah

- ❖ This will develop a sense of discipline and structure within your day.

Al-Aswad bin Yazid narrates: I asked 'Aisha (may Allāh be pleased with her) "What did the Prophet (peace be upon him) do at home?" She said, "He used to work for his family, and when he heard the adhan (call for the prayer), he would go out." [Bukhari]

- ❖ Salah is the most important act of the day, regardless of our responsibilities. Therefore structure our day around Salah.
- ❖ As students, this is important to plan beforehand based on our routine.

Prioritise and Be Consistent

- ❖ Prioritise your activities. The Prophet (peace be upon him) had to deal with many affairs; family, social, his own spiritual development etc.
- ❖ Do not procrastinate when it comes to doing good. Use every opportunity to do good. Every moment of the Prophet (peace be upon him)'s life was utilised in good.
- ❖ Shape your intention towards good and frequently renew.

Specific Tips For Ramadhan

- ❖ No timetable works for everyone, so create your own!

Some guidelines:

- ❖ Split your day up into parts & allocate its work / activities, e.g:

TIME OF DAY	ACTIVITY
Morning	
Mid Day – Zuhr	
Zuhr to Asr	
Asr to Maghrib	
Post Tarawih to Fajr	

Specific Tips For Ramadhan

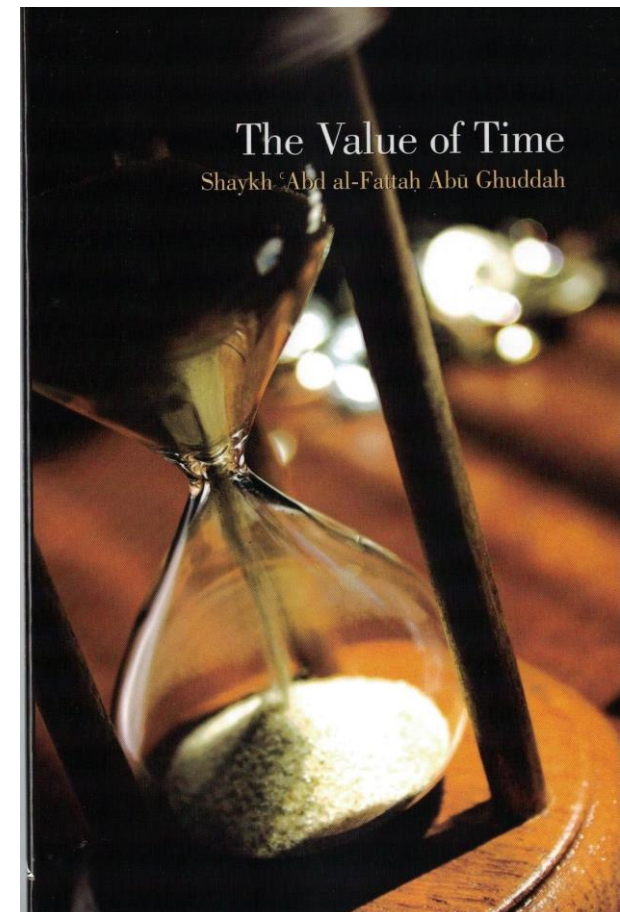
- ❖ Make a list of things you would like to achieve in the month of Ramadhan and then how you plan on achieving these goals.
- ❖ Track the progress of these goals at each milestone and look at how you can improve.
- ❖ Post Ramadhan thought: How was your Ramadhan?
- ❖ Adopt possible parts of your Ramadhan routine post Ramadhan.

You are on the road to productivity! Alhamdulillah.

Suggested Readings:

Value of Time

By Shaykh Abdul Fattah Abu Ghuddah



Q&A

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